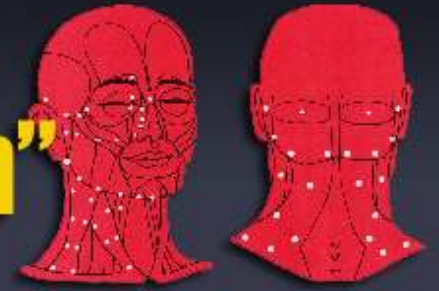


Advanced Qi Power Training



# “Instructors Certification”



Transforming  
Emotions Into Chi  
With Colors and  
Sounds

“The Closed System”

# Emotions & Energy

All Emotions Can Be Turned into Energy. The Key is To Turn Them Into The Right Kind of Energy. The Emotions Can Be Directly Linked to Colors & Sounds That Act as a Internal Healing Mechanism.

# Sounds Have Power

Just like words have power, there are certain sounds that emit a specific energy

- Vibration
- Resonance
- Pitch
- Tones
- Chants & Mantras (Aum)

# Colors Add Density

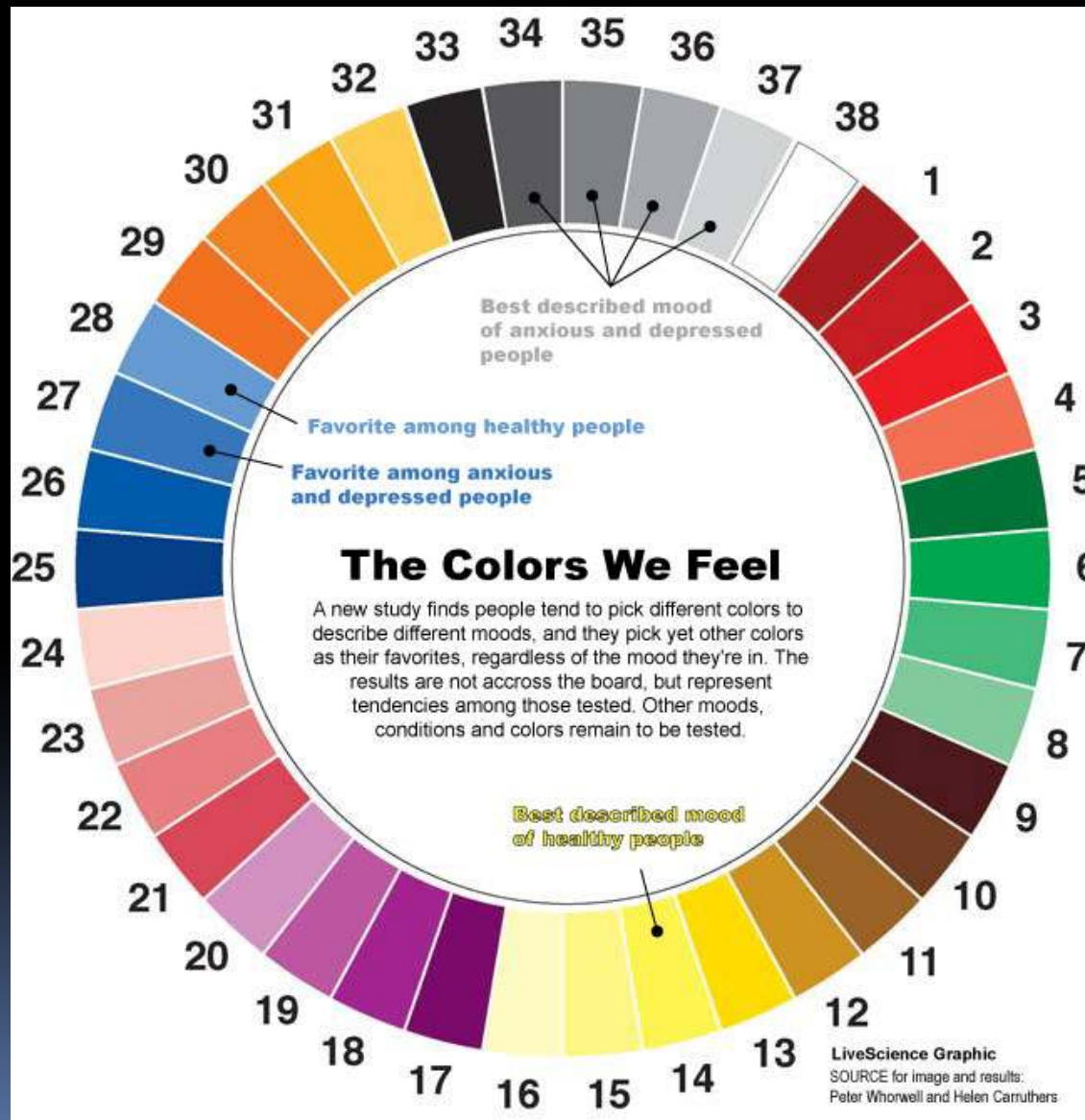
Colors build a denseness to the Chi.  
Adding Colors to Visualizations increase  
the Power of The Visualization

- Screens
- Energy
- Using Specific Images of Color
- Identifying The Color With Specific  
Organs of The Body

# Healing Sounds & Colors

Emotion	Color	Sound	Organ
Anger	Green	Shhh-uuuu	Liver
Fear	Black	Chuuway	Kidneys
Worry/Stress	Sky Blue	Sheee	Solar Plexis
Sympathy	Yellow	HhUUUUUUU	Spleen
Grief	White	Ssssssssss	Lungs
Joy	Red	Hhaaaaaaaa	Heart

# The Color Wheel



# Aura Colors & What They Mean



# How to Use Colors

- Use a Specific Color for a specific Purpose
- Have a set of color cards to use in your training.
- Look at the color cards just like you would a chi power poster
- Experiment with different combinations of colors

# How to Use Sounds

- Use each sound as prescribed for healing.
- Do research on how sounds affect you physically and mentally
- Subliminal sounds- Alpha, Theta, Delta and Beta Waves
- Every sound is laced with chi
- Classical music has intense sound qualities you can use.
- Connect a sound to someone to make them feel good and healthy

# Conclusion

- Practice both colors and sounds with your training
- Add elements of both together
- Use special wave files for enhanced chi development
- Experiment with classical music and other sounds— New age music
- Use the colors you relate to most
- Always know the power you have in your hands at all time.