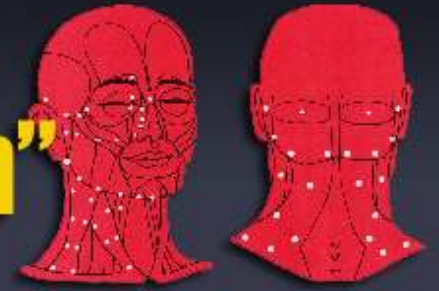


Advanced Qi Power Training



“Instructors Certification”



Training in The Void & Other Worlds

“The Closed System”

Introduction Void Training

Equipment Needed: Someplace to lay down or sit comfortably.

Degree of Difficulty: Advanced Level
Technique

Lessons Learned: How to Learn Outside of
Your Physical Body

What Is Void Training?

It is when you are out of body,
and can meet up with, train &
relate to others in their spiritual
essence...

How to Get Into The Void

You must have mastered the ability to send your mind or spirit outside of your physical body....

Testing Your Skills

You have been preparing

- Vortex Training
- Chi Chamber Training
- Lying Down Meditation with focus on “Leaving the Physical Body”
- All of these elements now come into play

Skill Sets

- Slipping Outside of Your Body
- Remote Viewing & Influencing
- Increased Psychic Awareness & Sensitivity
- Lucid Dreaming on Demand
- Regular Access to Third Eye Visions

Thought Projection

- Getting Your Mind to Deliver Images, and Focus Points
- Creating Internal Quests
- Finding Guides to Assist You
- Creating a Reality Outside of Your Physical Reality

Stages of Spiritual Training

- **Stage One-** Recognition
- **Stage Two-** Interpretation
- **Stage Three-** Communication
- **Stage Four-** Creating & Merging with Others

The Void Can Be a Good Thing or Bad...

- Energy Determines The Trip
- Always Cool, Yin Energy
- Must Be Able to Control Fear
- Must Believe You Are In Control at All Times

Works Best With a Partner

- Another Chi Practitioner
- Someone You Trust
- Someone Who's Energy is Clean
- Create a “Feedback Loop” with Your Partner

How to Do It...

- Evaluate Where You Are
- Set Aside a Week or Two for Experimentation
- Keep a Journal
- Set Specific “Quests” That you Will Recognize When They Happen.

Advanced Training...

- Meeting a Specific Person at a Specific Location (Empire State Building, Grand Canyon, Paris, etc)
- Completing Specific, Tangible Objectives.
- Document All, Even if Strange or Not Good.
- Sharing Notes With That Person to Merge Accuracy of Data.

Some Quests

- Martial Arts Training
- Learning a New Skill or Language
- Visiting Somewhere New (other worlds?)
- General Hanging out (like in a new city)
- Using the Quest for An Answer to a Challenge.
- Healing Yourself or Others
- Questions
 - How
 - When
 - Where
 - Why

Conclusion

- May Take Some Time to Get Good at This
- Focus, Relaxation and Belief Are Key
- Having a Training Partner is a Plus
- Becoming Aware of What your Body, Mind and Spirit Tell You.
- Using the Quest for An Answer to a Challenge.