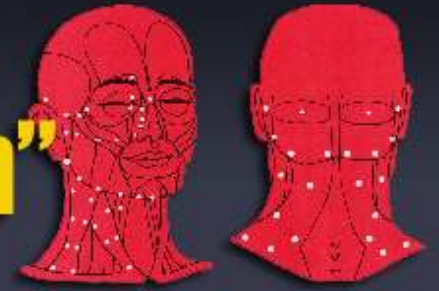


Advanced Qi Power Training



“Instructors Certification”



The Chi Chamber

“The Closed System”

Introduction to The Chi Chamber

Equipment Needed: Sitting Chair, New Spiral Poster. Build a 7x7 Chi Wall. Create 2-3 Walls.

Degree of Difficulty: Advanced Level

Technique

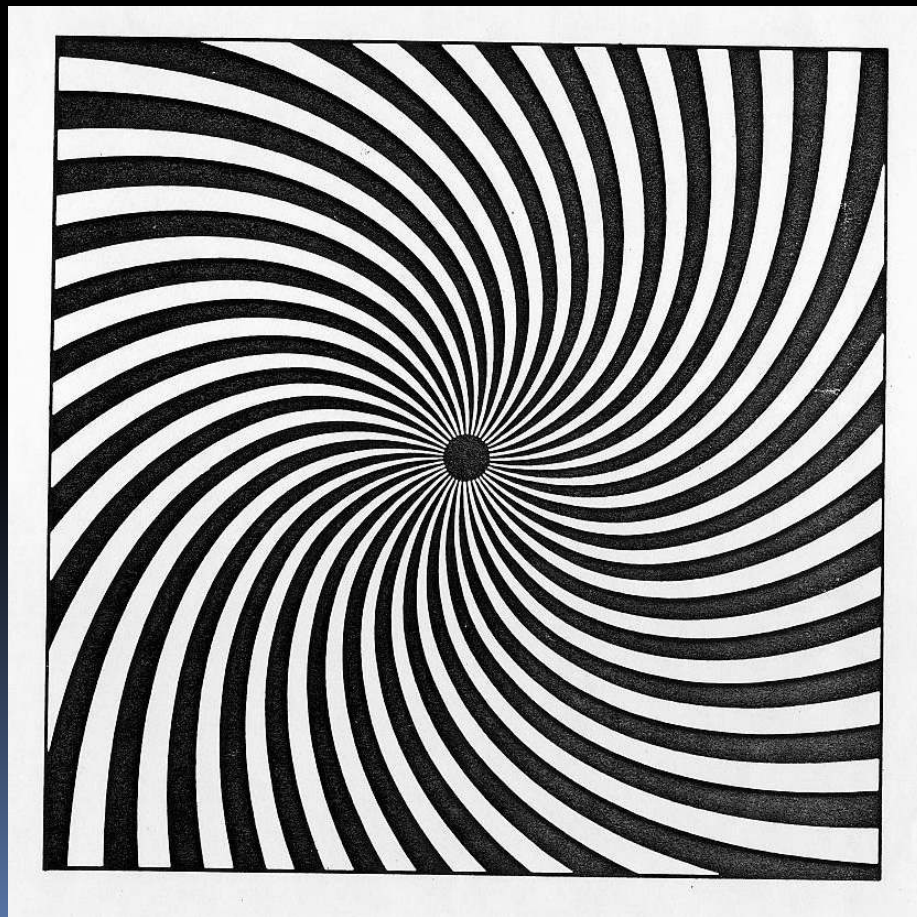
Lessons Learned: How to Create and properly use a Chi Chamber

What Is A Chi Chamber?

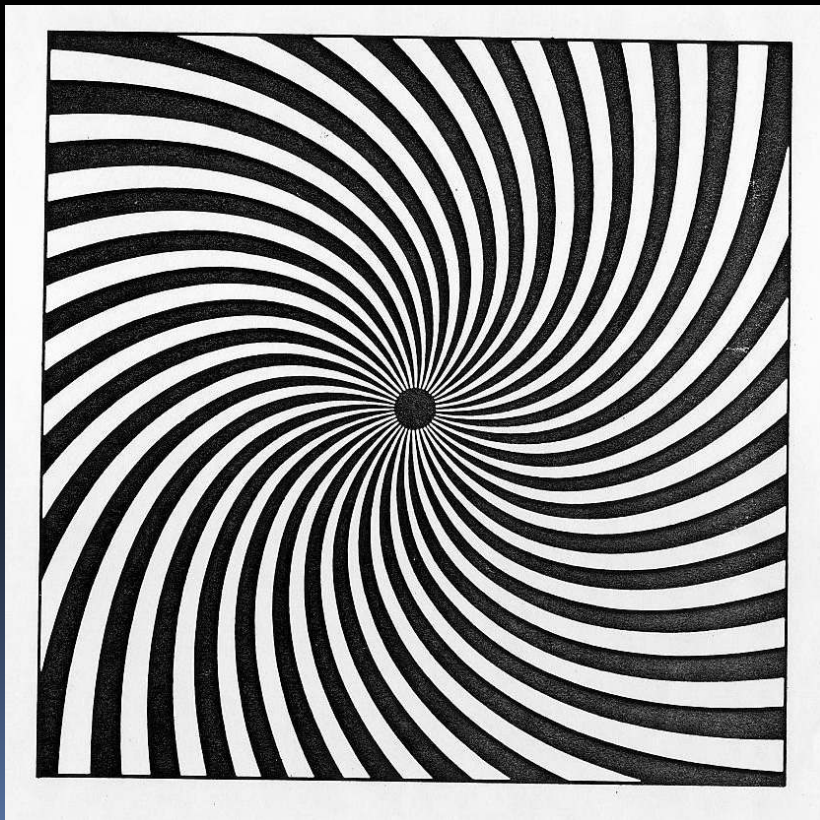
It is a wall of designs infused with Chi designed to increase your chi by harnessing the power of the posters with your own chi.

The Chi Chamber Poster

This is the one we found to be most effective for a Chamber.

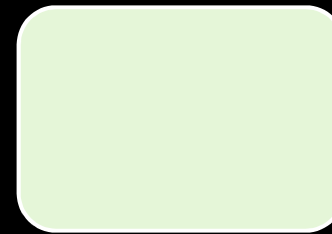
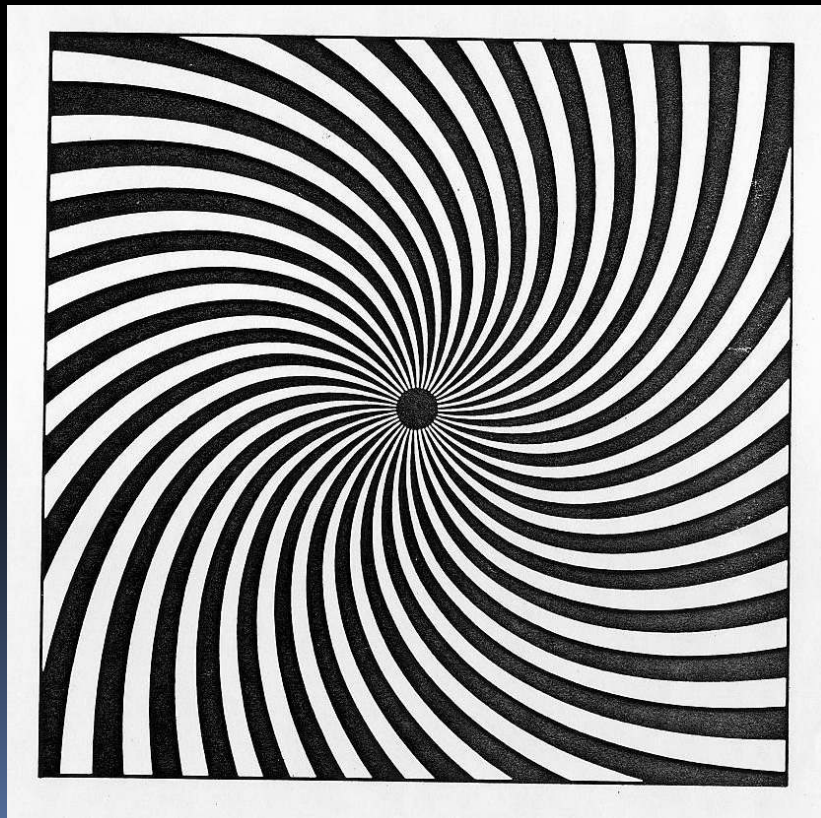


This Poster Is The Same Design
as The Vortex Poster. This is the
Individual vs the 7x7 on the
Vortex.



Building The Chamber

We recommend using light colors (blue, green, yellow) and alternating the design.



Light Green



Light Blue



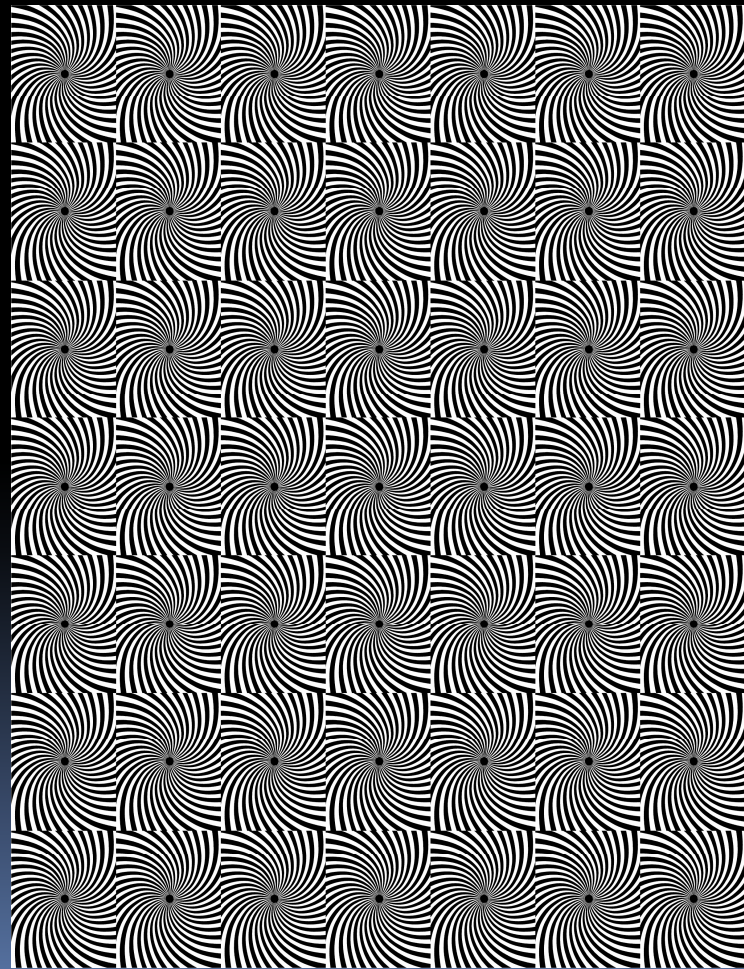
Canary Yellow



White

Take the poster to a copy store and have the posters copied in each color.

This Vortex Poster Can Be
Blown Up As an Additional,
Smaller Chamber Wall...



Exercises

- Sitting in a Chair & Looking At at The Chi Chamber
- Doing Blood Washing, Screens, and Other Exercises.
- Using the Chi Stick in the Chamber
- Standing Meditation

The Chamber is Powerful

- Do Not Sit In Front of It for More Than 5 Minutes in The Beginning
- You Must Be Relaxed & Cool
- The Chamber Can Change Your Chi Even After Just a Few Hours of Training

Chi Chamber Techniques

- Focus on The Dot in The Middle and Line it Up with Your Third Eye
- Use Peripheral Vision and Bring the Chi Into Your Body
- Use the Chamber for Healing
- Use The Chamber for Psychic Powers

Chi Chamber Wrap Up

- Don't sit for too long in the chamber.
- Don't keep the posters up all the time.
- Always be cool and in a good mood.
- Use The Chamber with Caution